

### DIR® Institute Written Case Proposal

Believe it or not!! The case write up is the last step towards getting your DIR® Certificate. This guide will help you go through the process as smoothly and quickly as possible. The purpose of this written case is to demonstrate that you have experience and competencies to work on a long term basis (2+ years) and with different types of cases. If you only work in early intervention or on a school year basis, you have the option of comparing two children with whom you have worked at least one year. You also have to simultaneously complete the tutoring requirements to graduate. Please review each step carefully and discuss your possible cases with your tutor before you write your proposal. Please feel to contact us if you or your tutor have any questions.

#### Why do a proposal?

We appreciate the time and effort needed to prepare case. Before you begin, we want to be sure you have selected a case(s) which is suitable for this final educational requirement for your DIR® Certificate. Your tutor is available to help you and will need to sign off on your proposal before you send it in.. Acceptance of your proposal will insure you have chosen an appropriate case.

#### Choosing a New Case

1. The written case must be a **new case which was not presented before and is different than your prior cases. Select a new long term case (24 months or preferably longer ) which will be able to show your understanding of developmental process and intervention over time.** We want to be sure you have seen a range of cases. The purpose of this additional written case is to demonstrate you have worked with a range of children (in age, diagnoses, dynamics, etc). and can conceptualize your work and DIR theory in written form. Please discuss the case you are considering with one of your mentors who will need to sign off on this proposal. If you do not have a current mentor, please contact one you worked with or write to us. The outline for your proposal can be found below.
2. **If you have no cases of this length, then the paper should be a comparison of two cases with which you have worked no less than one year each, with a focus on comparing the 2 children on 2 primary issues:** how the regulation issues in both children present similar treatment challenges, even though they are NDRC Types I and II, and the contrast in their rates of progress. Each case will need to meet the descriptive requirements listed below.
3. Children do not need to have Autism Spectrum Disorder diagnoses, but should have significant challenges in regulation, relating, and communicating, or other developmental or IMH disorders.
4. If your only contact with the children is in the context of a classroom setting, then your paper should describe two children with respect to the FEDL's, sensory profile, primary classroom challenges, and specific IEP goals and classroom plan for them. Again, the goal is to describe how the DIR model guides your interventions in the classroom setting, and how this will differ across the 2 children, based on their unique characteristics.
5. If you have a unique work situation that is not captured in the descriptions above, please explain this in your proposal, as well as how you would like to organize your paper so that it comes as close as possible to meeting the listed requirements, and yet takes your situation into account.
6. Be sure to disguise all identifying material in your write up and obtain consent to use the videotape in writing.

## **Choosing Videos**

It is also very important to select a case for which you have three short video clips: one, in the assessment phase; two, midway with an "in the moment" analysis of a treatment session; and three, a recent clip which reflects your "big picture" assessment of progress and future treatment recommendations. The clips need to be accompanied by a specific description of what they show, what questions they raised, how they shaped your intervention, and finally a discussion of how far the treatment has come and your recommendations for future intervention. The clips should show you working with the child as well as coaching parent-child interactions or school-group interactions. The final written case must be no longer than 25 double spaced pages which includes your narrative description and analysis of three video clips. The videos and description are an essential part of the case write up.

## **Candidate Reporting Form**

Your proposal needs to be accompanied by the updated Candidate Reporting form which asks you to describe your previous presentations and provide a log of your tutoring hours.

## **Once you submit your case**

Your case will be read by two faculty/facilitator members as quickly as possible and you will receive direct feedback from one of them. If there are any questions, you will have the back up of your tutor if needed. Any necessary revisions should be completed as soon as possible so we can announce your graduation!

## **Summary of Next Steps**

1. Discuss your case(s) with your tutor and verify you have the necessary videos.
2. Complete the proposal and updated candidate form and have your tutor sign off.
3. Send the proposal to: [dirinstitute@icdl.com](mailto:dirinstitute@icdl.com)
4. We will assign the review of your proposal and notify you of its acceptance or convey any further questions.
5. Once you receive approval of your proposal, select your videos, write it up and submit it as soon as possible with payment for reviewing and processing.
6. Two readers will be assigned to read your case and you will be contacted by one for feedback. In some cases you might be asked for clarifications.
7. Receive your DIR® Certificate!!
8. Your Certificate is valid for five years and will require continuing education credits for renewal.

We hope this written case will consolidate your competencies as a DIR® clinician or educator and will become the model and standard for all your future work. We appreciate how much work this will entail and invite you to ask any further questions. This is the final step in receiving the Certificate and we are very pleased you are ready to move forward.

## **DIR® Institute Written Case Proposal**

### **Case Proposal - Part One**

- Applicant's name:
- Date:
- Discipline:
- List all years at DIR® Institute:
- Updated Candidate Reporting Form Submitted?
- Name of approving Tutor:
- Date:
- Availability of 3 video clips?

**If you are doing a comparison case please provide description of both**

- Name of child (disguised):
- Age first Diagnosed:
- Current Age:
- Age you started working with child:
- Period you will cover in your write up:
- Provide ages and dates:
- Frequency you worked with child and family:
- Family Constellation and ages:
- Intervention Setting:
- Educational Setting: Level:
- Team Members:
- Initial DIR Diagnosis:
- Current DIR Diagnosis :
- Other Diagnoses: (DSM, ADOS, Language, SI, etc. )
- Comments :

### **Case Proposal – Part Two**

Please answer each question concisely. **Do not use more than two single spaced pages. If**

**you are doing a comparison paper, please use one page for each child and a third page**

**to provide the rationale for comparing these two cases.**

1. Why did you pick this case (or choose these two cases for comparison)?
2. What are the central conceptual issues that the case(s) illustrate(s)?
3. Initial Axis I DMIC Classification: NDRC or SPRD type (or other IMH)
4. At what FEDL levels did this child begin?
5. What FEDL did this child reach?
6. What were the primary clinical/educational challenges?
7. What was the relative rate of progress during the course of your intervention?
8. How did you work with the family?
9. Was a team involved and what role did you play?
10. If you did not work with a team in an ongoing way, what were your contacts with other therapists or school?
11. How did this case challenge you as an intervener?
12. How did new understanding of other disciplines help your work?
13. How did this case challenge you personally?
14. Other comments: