

## DIR® Certificate Program – Level C2

### Clinical Reflection Guidelines

The goal of this brief presentation is to reflect upon an educational or clinical challenge with your colleagues in a small group. This is an opportunity to present your reflections regarding a clinical question. You are free to ask a question, discuss a dilemma, explore how to think about a diagnostic or intervention problem with the child or family, evaluate a developmental stalemate, develop an educational strategy, or reflect on a challenge you experience working with a family. You should present your reflections regarding this challenge without seeking any particular solutions. This is primarily an opportunity for you to share your reflective process with the group and for you to talk about the thoughts and feelings you've had that surround this particular issue or question.

Please plan on 45 minutes total time for this reflection and discussion: 15 minutes for your presentation (which includes a 5 – 8 minute video and 7 – 10 minute description of the challenge) and 30 minutes for the discussion. There may be more time for the discussion but consider that a bonus 😊

Since the challenges can vary, we will leave it up to you to organize your presentation based on the issues you identify. Use any of the following points to prepare as they may apply to your situation:

- Identify the challenge clearly – what is the challenge and why did you select it? What do you want to discuss with the group?
- Reflect on the challenge from your professional perspective.
- Present the ways that you worked with the child, family, team, etc.
- Relate the challenge to Developmental Profile.
- Relate challenge to Sensory Processing / Motor Planning Profile.
- Relate challenge to Family Patterns and dynamics.
- Articulate the impact or implications of this challenge to child's development.
- Discuss possible approaches you considered to deal with challenge (e.g., what worked, what didn't work, what could be tried, what you next, what was ruled out, what would next steps be, what you etc). If you worked with your tutor regarding this question/challenge you may want to share that reflective process.
- Reflect upon how this challenge affected you personally.
- Consider what you would like to learn to deal with this challenge.
- What questions this situation has brought up in your work.

Please remember that these are guidelines – not a point by point outline to follow. Use what you need to support this opportunity for clinical reflection and support.