

# **Curriculum Vitae**

Cecilia Breinbauer MD, MPH

## **Education**

- Doctor of Medicine (MD), University of Chile (1982 - 1989).
- Child and Adolescence Psychiatrist (Residence in Roberto del Rio Hospital/ University of Chile, 1989 – 1992).
- Master in Public Health (Maternal and Child Program), George Washington University (2003-2006)

## **Professional Experience**

### **Managing Director, Interdisciplinary Council on Developmental and Learning Disorders (ICDL)**

(June 2010 - Present)

Responsible for the overall operations of ICDL, current or new, including implementing the policy set by the Board and in particular the new strategic plan for ICDL. Lead and oversee the work of staff and external consultants that contribute to implementing ICDL's overall policy.

### **Managing Director, ICDL Graduate School**

(June 2007- Present)

The ICDL Graduate School is a new degree granting institution that started operations, under the umbrella of the Interdisciplinary Council on Developmental and Learning Disorders (ICDL) in June 2007. It offers the first Ph.D. in Infant Mental Health and Developmental Disorders. Under the direction of Dr. Stanley Greenspan, I helped him develop the curriculum and application to the state of California. The ICDL Graduate School received an unprecedented full approval status for 5 years. Since then I have been leading this initiative as the Managing Director. Responsibilities include overseeing the admission process, faculty selection, implementing the curriculum and multimedia course material, identifying the web based platforms to deliver asynchronous and synchronous distance learning education, enrollment process, training of faculty and students in online modalities for curriculum delivery and overall management of the institution. The program has currently 76 enrolled students.

**Project Coordinator, Interdisciplinary Council on Developmental and Learning Disorders (ICDL)**

(May 2006 – June 2010)

Coordinated different projects for ICDL including

- 1) Increase online presence by adding content to the new ICDL website, developing distance learning opportunities through organizing web radio shows and online editions of the ICDL annual conferences, developing social media presence (youtube channel, twitter account and facebook page), monthly e-newsletters and regular broadcast emails, collaborating with the Floortime repository social network site, obtaining Google grant to use Google ads and google analytics, adding online fundraising capability through network for good account, facebook causes, amazon associates account, igive.com, goodshop.com and Toner for Autism
- 2) Develop research to determine sensitivity and specificity of the Social Emotional Growth Chart (SEGC) as a screening instrument for Autism. Oversee research to determine test-retest reliability of the SEGC. Coordinate interviews of caregivers for the adolescent follow up research project.
- 3) Increase advocacy efforts, including coordination of the write up of article published in the Pediatrics, overview and summary of evidence of DIR/Floortime document, listing of research articles on website, setup and moderation of research and advocacy google groups, support to local networks on advocacy initiatives
- 4) Coordinate program discussion, budget and overall management for ICDL annual conferences. Develop 2009 and 2010 budget projections for all ICDL initiatives.
- 5) Represent ICDL in various meetings with UN and multilateral organizations (WHO, UNICEF, World Bank, Inter American Development Bank), and participated as a member of an inter-agency working group with the common goal of creating a global child development indicator.

**Inter-American Development Bank (IDB)**

(September 2005 – July 2006)

As an external consultant, I assisted the IDB in two projects on Early Child Development (ECD), with a lead investigator role. The objective of the first project was to measure child development at the population level by supporting the Governments of Honduras, Nicaragua and Chile in the design of a ECD module, attached to population household surveys (e.g. DHS, Quality of Life and Health Survey) conducted in late 2005 and 2006. The objective of the second project was to support the Bank in the identification of cost-effective programs for the promotion of early child development and prevention of developmental delays in Chile, Honduras, and Nicaragua, contributing to a better design of its portfolio in this arena. During this period, I coordinated the implementation of both projects with country teams, providing technical assistance, monitoring progress,

organizing an international workshop to share lessons learned, and serving as interface with other child development experts who provided recommendations to the projects' activities (e.g. Canadian Technical Advisory Group, UNICEF NY).

### **UNICEF**

(May 2005 – January 2006)

As an external consultant, I have provided training to UNICEF's adolescent and gender focal points from Latin American and Caribbean countries, and conducted a qualitative evaluation of the first phase of the Xchange project, a youth violence prevention program being implemented in seven Caribbean countries. In addition I have participated as key note speaker during the Adolescent Development and Participation Global networking meeting (September 2005), and the Early Child Development Global Indicator meeting (November 2006).

### **Pan American Health Organization (PAHO), Washington, DC**

(November 2001-March 2005)

As a technical advisor for the Child and Adolescent Health Unit at PAHO, I supported projects in two areas:

- (a) Community interventions improving child health and development in 12 countries (March 2004-March 2005);
- (b) HIV/AIDS and pregnancy prevention programs for adolescents in four Central American countries (November 2001-March 2004).

During more than three years of work in PAHO, I had substantial responsibilities coordinating with national government institutions (e.g. Minister of Health), NGOs, other UN agencies (e.g. UNICEF, UNFPA, WHO Geneva), and donors (e.g. SIDA, NORAD, CMMB, American Red Cross), as well as on the production of specific technical advice and publications in the field of child and adolescence health and development. Other activities included developing a grant proposal highlighting the impact of maternal depression on child survival, growth and development as well as representing the Child and Adolescent Health Unit on several activities and meetings related to child development, child abuse prevention, and adolescent mental health.

On technical advice and publications, my most recent accomplishments include the publication, as principal author, of the book "*Youth: Choices and Change. Promoting Healthy Behaviors in Adolescents*", and the organization of an advisory panel of experts on [Healthy Mothers, Healthy Children: Emerging Public Health Issues in Newborn Health and Development](#).

The "[Youth: Choices and Change. Promoting Healthy Behaviors in Adolescents](#)" book, is a comprehensive review of the most effective behavioral, health promotion and social change theories and best practices for designing evidence-based interventions to promote the adoption of healthy lifestyles and changing of

risk behaviors among adolescents. This book was published in January 2005 by PAHO's publication area and is being distributed and marketed worldwide.

**Research Consultant for the Fussy Baby Team at the Lourie Center during the development of the Functional Emotional Assessment scale (FEAS)**  
(October 1994 – September 1997)

**Clinical Practice as Child and Adolescent Psychiatrist**  
(1990 - 2009)

I had a very intense clinical and community work with children and families with developmental challenges in Chile. This work included solo clinical practice, university teaching, supporting parents associations, and training professionals working in the field. In solo clinical practice, I focused on working with children and adolescents with special needs and their families, including children in the autistic spectrum, regulatory disorders, developmental delays, neurological disorders, sensory integration dysfunction, ADHD and coordinating multidisciplinary teams for a more comprehensive rehabilitation and inclusion program. My work has been always focused on achieving successful inclusion of these children to school and society. On supporting parents, I worked as principal advisor on child development with the Association of Parents of Autistic Children and Adolescents (PANAUT), an association of low-income parents with autistic children. In addition to clinical counseling, I provided advise on the overall association strategy and activities for achieving better care and inclusion of autistic children of very low income families.

Regarding the training of professionals, I founded and chaired a network (March 1998 – June 2000) aimed at building capacity among different professions working with children with special needs to enhance children's development through daily interactions and play with their caregivers. The network included a series of 12 training workshops in Santiago, Chile (a week each), that trained more than 200 professionals (Child Psychiatrists, Child Neurologists, Pediatricians, Occupational Therapists, Speech Pathologists, Special Educators and other) in stages of child development, and specifically in the "Floor Time" technique and DIR model developed by Dr. Stanley Greenspan in the U.S. and supported by ICDL. As the chairperson, I was in charge of most of the training and lecturing activities myself.

Once I moved to the US I continued advising Spanish speaking families with children with special needs living in other countries (Chile, Peru, Guatemala, Venezuela, Argentina) until 2009.

## **Publications**

- **The Bayley-III Social Emotional Scale.** C Breinbauer, T. Mancil, S. Greenspan, in (Eds) Weiss, L.G., Oakland, T., & Aylward, G. (2010). Bayley-III Clinical Use and Interpretation. San Diego: Elsevier.
- **Guidelines for Early Identification, Screening, and Clinical Management of Children With Autism Spectrum Disorders.** Stanley I. Greenspan, MD, T. Berry Brazelton, MD, Jose Cordero, MD, MPH, Richard Solomon, MD, MPH, Margaret Bauman, MD, Ricki Robinson, MD, MPH, Stuart Shanker, DPhil, Cecilia Breinbauer, MD, MPH. Commentary in *Pediatrics* April 2008 (828-830)
- **A Household Survey Questionnaire to Evaluate Infant and Toddler Development in Chile.** Article in Spanish : El desarrollo de un modelo para la evaluacion de rezagos del desarrollo infantil de Chile. Bedregal P, Scharager J., Breinbauer C., Solari A, Molina H. *Revista Medica de Chile*, March 2007, vol 135, no. 3, p 403-405. ISSN 0034-9887.
- **Strengthening Developmental Abilities of Children with Special Needs: Introduction to the DIR® Model and the Floortime™ Technique.** Article in Spanish (*Fortaleciendo el desarrollo de niños con necesidades especiales: Introducción al Modelo DIR y la terapia Floortime o Juego Circular*). *Revista Transiciones*, APPPNA, Lima Peru, Volume 11, September 2006
- **Youth: Choices and Change. Promoting Healthy Behaviors in Adolescents.** Breinbauer C., Maddaleno M. Washington, D.C.: Pan American Health Organization, 2005. ISBN: 92 75 11594 X
- **Understanding and Responding to HIV/AIDS-related Stigma and Discrimination in the Health Sector.** Foreman M., Lyra P. & Breinbauer C. Pan American Health Organization, Washington D.C., 2003.
- **“Autistic Spectrum Disorders.”** Chapter in Spanish, in *Psicopatología infantil y de la adolescencia (Child and Adolescent Psychopathology)*, by Almonte, Montt, and Correa (Eds). Chapter 19, pp. 280-305. Editorial Mediterráneo Ltda., Santiago, Chile, 2003.
- **“Contribution of Regulatory Processes to Child Psychopathology.”** Chapter in Spanish, in *Psicopatología infantil y de la adolescencia (Child and Adolescent Psychopathology)*, by Almonte, Montt, and Correa (Eds). Chapter 18, pp. 126-129. Editorial Mediterraneo Ltda., Santiago, Chile, 2003
- **“Polysomnography in the Spectrum of Acquired Epileptiform Aphasia.”** Chiofalo, Nelly, David, Perla, Breinbauer, Cecilia, Ferreira, Jorge. *American Journal of Electroneurodiagnostic Technology*: Vol. 43, No. 1, pp. 13–17, 2003
- **“Autism: The Causes and Increases in Cases.”** Breinbauer, C and Raphael, J. *The Best Practices, Newsletter of the Interdisciplinary Council on Developmental & Learning Disorders*, Vol. 2, No. 2, July. Baltimore, MD, 2001
- **“Prediction of Childhood Problems at Three Years in Children Experiencing Disorders of Regulation During Infancy.”** DeGangi, G.A.; Breinbauer, C.; Doussard Roosevelt J.; Porges, S.; Greenspan S.I. *Infant Mental Health Journal*, Vol. 21 (3), 156-175, July. Chicago, 2000
- **“Contribution of Regulatory Processes to Child Psychopathology.”** Chapter in Spanish, in *Pediatría (Pediatrics)*, by Rizzardini and Saieh (Eds). Chapter 7, pp. 339 -340. Editorial Mediterraneo Ltda., Santiago, Chile, 1999.

- **“The Symptomatology of Infants and Toddlers with Regulatory Disorders.”** DeGangi G. and Breinbauer, C. *The Journal of Developmental and Learning Disorders*, Vol. 1(1), 183-215. International Universities Press, Inc. Washington, D.C., 1997
- **“Learning Disabilities: A Particular Challenge for Each Child”** Article in Spanish, in *Boletín de la Sociedad de Psiquiatría y Neurología de la Infancia y Adolescencia*, Year 4 (1), 20-32, June. Santiago, Chile, 1993
- **“Training in Child Psychiatry for Primary Care Physicians: Behavioral Pediatric Workshops.”** De la Barra; Olivares; Guarda; Toledo; León; Breinbauer; Orpinas. *Newsletter of the Association for Child Psychology and Psychiatry*, Vol. 11 (4), 14-19, July. London, England, 1991

### **Academic and Lecturing Activities**

- Guest lecturer in multiple international conferences hosted by, among others: UNICEF, World Health Organization, IADB, Population Council, Zero to Three Organization, Canadian Centre of Excellence for Early Childhood Development; Interdisciplinary Council on Developmental and Learning Disorders (ICDL), Catholic University of Peru (Psychology Department), Board of Jewish Education of Greater Washington; STEP Seminars; Kennedy Institute, as well as different Chilean academic societies
- ICDL Faculty (since July 2000).
- Guest lecturer for the Child Development course at the George Washington University, School of Public Health (2006-2007) and at the University of Chile (Adult Psychiatry Residence, 1998-1999).
- Training of medical students on issues related to the diagnosis and intervention options for children with Autistic Spectrum Disorder. Infant Mental Health Unit, Roberto del Rio Hospital, University of Chile, 1997-2000.

### **Membership in Scientific Societies**

- Delta Omega Honorary Public Health Society since May 2006
- Advisory Board member, Interdisciplinary Council on Developmental and Learning Disorders (ICDL) since its foundation in 1997.
- Chilean Society of Child and Adolescent Psychiatry and Neurology since 1997.
- Chilean Society of Neurology, Psychiatry and Neurosurgery since 1998.
- Chilean Society of Biological Psychiatry since 1999.

### **Languages**

- Spanish: Native
- English: (S:E, W:E, R:E)
- German: (S:F, W: ,R:F)

### **Computer Skills**

- Word, Excel, PowerPoint, Outlook: Excellent
- Adobe Contribute: Excellent
- Blackboard, Moodle and Elluminate distance learning platforms: Excellent
- Microsoft Office Publisher, Access Database: Fair
- Social media Platforms: Excellent

### **Personal Information**

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